



: HOS Competencies and Skills

Type	Code	Descriptor	Statement or Guiding Question	National Standards Alignment	XQ Learning Goals Cross	MyWays Connections	Portrait of a Graduate Alignment
Area	HOS	Habits of Success					
Competency:	HOS.1	Manage My Work	I can demonstrate effective personal work habits to help me achieve my academic and personal goals.				
Skill	HOS.1.1	Manage tasks and deadlines	How well do I manage my tasks and deadlines?	Building 21 Original Content		HOS.1 Academic Behaviors	Conscientious
Skill	HOS.1.2	Set goals	How well do I set, achieve, and reflect on my goals?	Building 21 Original Content		WA.2 Identify Opportunities and Set Goals WA.5 Navigate Each Stage of the Journey HOS.4 Learning Strategies	
Skill	HOS.1.3	Organized and prepared	How well do I keep myself organized and come prepared to learn?	Building 21 Original Content		HOS.1 Academic Behaviors	Conscientious
Skill	HOS.1.4	Staying focused and on task	How well do I stay focused and on task?	Building 21 Original Content		HOS.1 Academic Behaviors HOS.2 Self-Direction and Perseverance	Conscientious
Skill	HOS.1.5	Improve my work	How well do I revise and improve my work?	Building 21 Original Content		HOS.4 Learning Strategies	Conscientious
Competency:	HOS.2	Build Networks	I can build relationships with diverse individuals and expand my network of people who can help and support me.				
Skill	HOS.2.1	Build Relationships	How well do I build and maintain relationships to expand my network?	Building 21 Original Content	GCTP.1 Self-aware team members GCTP.3 Inquisitive world citizens	HOS.5 Social Skills and Responsibility	
Skill	HOS.2.2	Seek support and resources	How well do I seek out support and resources from my network?	Building 21 Original Content	GCTP.1 Self-aware team members	WA.4 Find Needed Help and Resources	
Skill	HOS.2.3	Create and maintain a positive digital/online footprint	How well do I maintain a positive digital footprint?	Building 21 Original Content	GCTP.1 Self-aware team members	HOS.5 Social Skills and Responsibility	Communication
Competency:	HOS.3	Navigate My Setting	I can adhere to professional norms, effectively communicate and adapt to change in a variety of professional settings.				
Skill	HOS.3.1	Learn and follow professional norms	How well do I learn and follow professional norms?	Building 21 Original Content		CK.5 Career-Related Technical Skills HOS.1 Academic Behaviors	Adaptability
Skill	HOS.3.2	Communicate effectively	How effectively do I communicate with others?	Building 21 Original Content		CK.5 Career-Related Technical Skills CKH.3 Communication and Collaboration HOS.5 Social Skills and Responsibility	Adaptability, Communication
Skill	HOS.3.3	Flexibility and adaptability	How flexible and adaptable am I when changes need to be made?	Building 21 Original Content	OTUW.2 Generative thinkers—crea	HOS.2 Self-Direction and Perseverance HOS.3 Positive Mindsets HOS.4 Learning Strategies	Adaptability